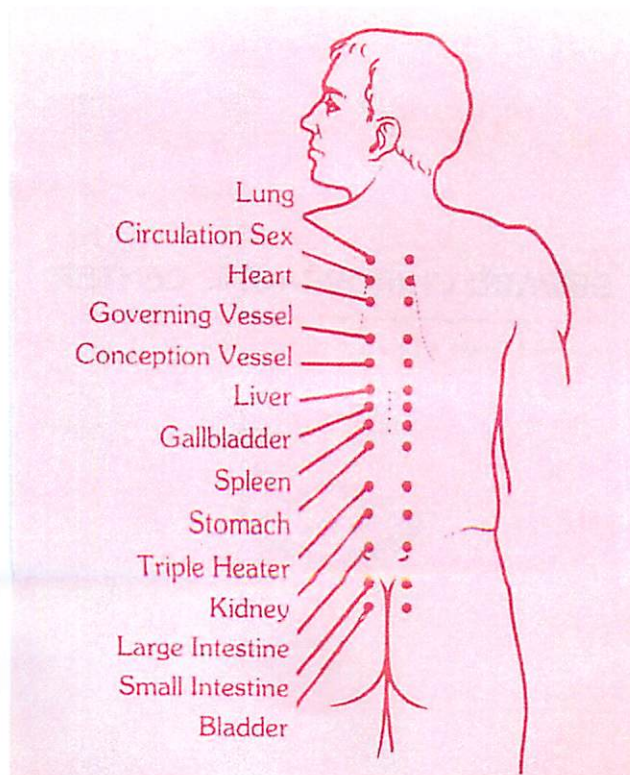


What is Acupuncture? Acupuncture, simply stated is a health science which is used to successfully treat both pain and dysfunction in the body. At first glimpse acupuncture may appear strange, as its primary notoriety is the utilization of needles placed in the skin at various locations to relieve pain or affect a body part.

Early Chinese physicians discovered there is an energy network traversing just below the surface of the skin which communicates from the exterior to the internal organs and structures at over 1,000 acupoints on the body. This energy works in harmony with the body's circulatory, nervous, muscular, digestive, genitourinary, and all other systems of the body. When this vital energy becomes blocked or weakened an effect in a body system or anatomic location becomes evident. Stimulation of one or a combination of key acupoints on the body helps restore harmony to the affected area.

What is Meridian Therapy? Meridian therapy is the accepted name used by those who practice the principle of acupuncture without the use of a penetrating needle. Acupuncture is a principle, not a technique. Therefore, there are many ways to stimulate an acupoint or achieve meridian correction other than with a needle, just as there are many different strokes used in swimming. Many practitioners use laser, electronic stimulation, pressure massage or small tape patches with metal balls to treat an acupoint. Applied Kinesiology can be used to evaluate and correct the out of balance flow of energy through the meridians.



There are fourteen points in classic acupuncture. Each point is associated with a particular meridian, and when these meridians are found out of balance they are treated as reflex points to restore normal energy balance.